



**Christina Jeffery**  
Supervisor  
Lenexa, KS  
Great Midwest Region

**Christina's Career Path**

2006 – Clinical Lab  
2006 – Lab Aide/Med Tech in Training  
2008 – Processing  
2011 – Group Lead  
2012 – Forensic Scientist  
2013 – Supervisor

Christina shares her passion for possibilities: **“At Quest, you have all these opportunities. In every aspect of the company, there is something to drive your dreams. I feel like I’m living proof that there are opportunities if you apply yourself. And don’t be scared of the interviews; take the questions they ask and learn from them, preparing for next time.”**

## Career Path Story: **Christina Jeffery**

### Words of Wisdom

Looking back on her career path, Christina shares these insights:

- Be your best every day.
- Always be accountable. Know that your choices every day count toward your opportunities.
- Don't be afraid to ask questions if you want to advance.
- Reach out to people and find out the requirements of the position you want. If you want a new position, ask, “How can I do that?”
- Supervisors talk to you because they care and want you to be successful. But they can't help you unless they know what you need and where you want to go.
- When you put patients first, everything else falls in place.
- Take errors as learning tools and figure out how to do better. Look at your process and make sure you don't make that mistake again.

### Christina's Personal Path

Christina has always been interested in the medical field and loves to challenge herself. “I think highly of education and seek opportunities to learn and advance. I will always push myself to make it to the next position and learn more.” Her passion has driven her to work in a variety of departments. She is always trying to learn something new and is driven by a passion for specimen integrity and patient service.

Christina says: “In the clinical lab, my mentor, James Hilliard, saw my potential and helped me realize it faster. It helps having someone push you to do better and be great.” Christina gets excited to move into a new position, seeing it as a chance to push herself and learn something new. She loves to set personal goals and achieve them and believes that learning other departments makes her a greater resource and gives her insight into the importance of each.

As a forensic scientist, Christine found that hair testing and urine drug screen work was repetitive, but she was clear on the purpose and the importance of maintaining specimen integrity. “The tests impact people’s employment opportunities, and there are random drug screens to ensure that truckers and bus drivers stay clean on important jobs and that parents in child custody cases and people out on parole are not using. The testing we do can have a huge impact on keeping people safe.”

Wanting to challenge herself, Christina pursued a position as a Patient Services supervisor. “I am passionate about being in this position and want to share that with my employees. I want to plant that seed for those who want to move up in the company, find what drives them, and help them be successful.”