



Tina Crumby
Supervisor
Kansas City, MO
Great Midwest Region

Tina's Career Path
1988 – PSR

1995 – Group Lead

2005 – Supervisor

Tina loves giving back and mentoring the way she was mentored. **“I love helping people learn and getting them excited about their potential. It excites me to help our patients and my team be their best. I get very excited when I see someone advancing their career, because I believe each of us takes pride in what we do and our bottom line is helping patients have excellent outcomes.”**

Career Path Story: Tina Crumby

Words of Wisdom

Looking back on her career path, Tina has these insights to share:

- Believe you have what it takes to be a leader. Each of us has the potential to lead by example every day.
- Each day is new, so ask yourself what you want to accomplish. I ask myself each day what I can do to make a difference in someone's life.
- Be the absolute best version of you that you can possibly be.
- Never stop learning. Don't be afraid to ask questions and learn as much as you can. Then you can share what you've learned.

Tina's Personal Path

Tina's career started when her aunt suggested Tina become a phlebotomist and work with her in a small clinic called College Park Family Care Center. It was a great fit for Tina. “I got excited about my job when I learned that I was helping people with their health and well-being. It was fulfilling.”

It was the power of mentorship that encouraged Tina to advance her career. As the little clinic grew, Tina's supervisor encouraged her to become a team lead and help open new satellite offices. Lab One bought the clinic in 2000, and Tina stayed on as a group lead. When a supervisor position became available, her mentor encouraged her to apply. Tina got the position in 2005, just before Quest Diagnostics bought Lab One, and has been a supervisor for Quest ever since.

Tina didn't always see herself as a leader. “I was afraid I would make wrong decisions that could affect others. I conquered my fears with great support from my supervisor and manager and wasn't afraid to ask questions and show my interest in learning as much as I could.” When faced with challenges or fears, Tina benefited the most by learning from her peers and mentors. “They encouraged me to believe in myself and see that I could be a leader.”

Tina is grateful for her journey and knows that it isn't over yet. “I learn new things all the time, and I am very excited to see where this will lead me.”