

**Angel Wooding**

Supervisor
Atlanta, GA
Southeast Region

Angel's Career Path

1999 – Temporary, PSR I

2000 – PSR I

2001 – Group Lead

2009 – Supervisor

Angel says, **“I’m still on a journey; I’m not done yet. I don’t know where the road will take me, but you can be sure I am staying on it.”**

Career Path Story: Angel Wooding**Words of Wisdom**

If you are curious about how to prepare yourself for your own unique journey, Angel has these words of wisdom to share:

- Learn something from every interaction you have with a coworker, peer, client, or patient. Allow your interactions with others to educate you.
- What we do is exciting. Always be willing to learn new things.
- While you are learning about everything else, don’t forget to learn who you are and what you can accomplish.

Angel's Personal Path

After attending Averett University, Angel worked as a rehabilitation technician. Bored with the duties of the job, Angel attended a phlebotomy program and soon found herself working for a small clinic in Atlanta. During that time, she applied at Quest and was hired as a temp, but when she completed her hours, there were no open positions. That changed when she was called to interview on Easter Sunday of 2000.

Angel explains: “I was eager to learn everything I could about the PSC environment. I jumped in with both feet and helped out wherever I could, working closely with group leads who mentored me. When a group lead position opened up in Lawrenceville, I applied and was selected.”

Angel was reluctant to apply for a supervisor position because she felt “the leap was too large.” But that’s not how mentors Lesley Hudson and Zina Baldwin it. They relied on Angel and had every confidence in her ability. Angel explains: “They even told me I could do the supervisor job with my eyes closed. That’s how much faith they had in me. I am so grateful for their confidence in me.”

Seven years later, Angel remains passionate about her role, explaining: “Being a supervisor is never dull. It is easy to stay engaged when you are with a company that is always striving to do better and to offer our clients and patients more. I love being a frontline leader, because I can learn from our clients and be instrumental in the growth of our PSRs.”

Quest pride runs deep in the Wooding household. Angel’s husband and “biggest supporter,” Dwayne, also works for Quest and, in terms of a generational legacy, Angel has “lit a spark” with their daughter about the possibilities Quest may offer once she completes her degree.

Challenges along the road to career success come in many forms. Angel is quick to share that “time management has always been my Achilles heel. I do not like to waste time; therefore I tend to lose track of it when I become engulfed in tasks and projects. Before I know it, 2:00 AM has snuck up on me!”

Angel says that she has had several mentors to support and guide her on her career path including: Brad Mello, Zina Baldwin, Lesley Hudson, Steve Cason, Alison Mercer, Debbie Kight, and Becki McMinn.